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[Tutorial: Naalbound socks for women](#)



Here's a free pattern and tutorial for making naalbound women's socks.

The size of this pair is for European shoesize 38 (UK size 5/US size 7). I've used store bought yarn for knitting needle nr. 4 (UK needle 8/US needle 6).

The socks are made from the ankle down, this means you start at the ankle. You start with a loop of 39 to 44 stitches.





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Remember to fit your socks very often while making them! The first rows of stitches should comfortably fit around your foot and ankle (!) when you try them on. Too tight? Add stitches!

After 4 cm increase to 54 stitches to make room for the instep. Fit again! After 7 cm in total you need to make the 'cross-over' to the ankle part of the sock. Take 27 stitches and work them separately from the rest of the sock, so you make a string of 27 stitches.

Attach them again at stitch nr. 28 of the toe-part of your sock. Fit again! It is important this bit is not too tight otherwise your socks will be too big or too small. Continue to work the stitches and so that you can start with the toe part of the sock.

Finish the toe part the sock. When you are mid-instep, start decreasing a few stitches at the time. When you reach the toes you should have about 10-12 stitches left. Sew them and close the sock.

For the heel, pick up the stitches at the bottom of the foot part and the bottom of the ankle part. You'll have about 54 stitches in total. In the next round, increase 2 stitches in the corners to give the heel room. The second round naalbind the stitches as they come, for the next rounds decrease 4 or 5 stitches each row until you have about 10 stitches left. Close them up with a simple stitch and your sock is done!

An excellent book for socks is ["Lots of Socks"](#) by Larry Schmitt, available at Spanish Peacock. The pattern I've given you here is derived from his 'Simple Sock'.

